



WEEK 1 5th Sept, 3rd Oct, 7th Nov, 5th Dec, 2nd Jan, 30th Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Bake Lentils and vegetables cooked in a homemade tomato sauce, mixed with cheese	All Day Breakfast with Hash Browns Red Tractor pork sausages and organic eggs served with hash browns	Roast Chicken with Mashed Potatoes, Stuffing and Gravy Tender slices of Red Tractor chicken served with mashed potatoes, stuffing and gravy	Cottage Pie Organic minced beef and vegetables cooked in a rich gravy and topped with creamy mashed potatoes	Fish Fingers and Chips Sustainably sourced breaded fish fingers served with chips
Veggie Burger with Baked Beans Breaded veggie burger served in a flour bag with baked beans	Quorn All Day Breakfast with Hash Browns Quorn sausages and an organic omelette served with hash browns	Vegetable Parcel with Mashed Potatoes and Gravy Mixed beans and vegetables wrapped in a puff pastry and served with mashed potatoes and gravy	Vegetarian Lasagne with Crusty Bread Homemade tomato sauce layered with lasagne sheets, topped with cheese and served with crusty bread	Samosa with Chips and Curry Sauce Peas and potatoes wrapped in puff pastry, and served with chips and a curry sauce
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham
Sweetcorn and Peas	Tomatoes and Baked Beans	Carrots and Parsnips	Mixed Vegetables	Peas and Baked Beans
Lemon Shortbread	Apple Crumble with Custard	Fruit Jelly	St. Clement Sponge	Chocolate and Pear Loaf



WEEK 2 12th Sept, 10th Oct, 14th Nov, 12th Dec, 9th Jan, 6th Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato French Bread Pizza with Coleslaw French bread topped with a homemade tomato sauce and cheese, served with coleslaw	Pasta Bolognese Organic minced beef and vegetables cooked in a homemade tomato sauce and served with pasta	Roast Pork with Roast Potatoes, Stuffing and Gravy Red Tractor roast pork served with roast potatoes, stuffing and gravy	Sweet and Sour Chicken with Rice Red Tractor dried chicken and vegetables cooked in a homemade sweet and sour sauce and served with rice	Salmon Fishcake with Chips Sustainably sourced breaded salmon fishcake served with chips
Oriental Veggie Noodles Mixed vegetables and noodles tossed with an oriental sauce	Potato Cakes with Homemade Sauce Mashed potatoes formed into breaded cakes and served with a homemade sauce	Quorn Fillet Roast with Roast Potatoes and Gravy Tender slices of quorn fillet served with roast potatoes and gravy	Veggie Stroganoff with Rice Chick peas and vegetables cooked in a creamy sauce and served with rice	Veggie Nuggets with Chips Breaded vegetable nuggets served with chips
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham
Sweetcorn and Peas	Broccoli and Cauliflower	Carrots and Winter Cabbage	Green Beans and Sweetcorn	Peas and Baked Beans
Carrot and Apple Oat Cake	BAKE OFF WINNER Saul Tanguito's Lemon & Courgette Cake	Banana Bread	Blueberry Muffin	Brownie

WEEK 3 19th Sept, 17th Oct, 21st Nov, 16th Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Pasta tubes cooked in a homemade cheddar cheese sauce	Beef Burger with Wedges Red Tractor beef burger served in a floured bag with wedges	Roast Chicken with New Potatoes, Stuffing and Gravy Tender slices of Red Tractor chicken served with new potatoes, stuffing and gravy	Minced Beef Pie with Mashed Potatoes Organic minced beef and vegetables cooked in a rich gravy, topped with homemade pastry and served with mashed potatoes	Breaded Fish with Chips Sustainably sourced breaded white fish served with chips
Vegetable and Tomato Wrap Chick peas, vegetables and potatoes cooked in a homemade tomato sauce and wrapped in a flour tortilla	Veggie Sausage Dog with Wedges Quorn sausages served in a floured bun with wedges	Vegetable Hot Pot Vegetables and beans cooked in a rich gravy and topped with sliced potatoes	Cheese and Potato Pie Mashed potatoes and sautéed onions topped with cheddar cheese	Vegetarian Carbonara Chick peas and vegetables cooked in a homemade creamy white sauce and served with pasta
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham
Green Beans and Carrots	Sweetcorn and Coleslaw	Carrots and Cauliflower	Harvest Mixed Vegetables	Peas and Baked Beans
Fruit Flapjack	Pear Loaf with Custard	Lemon Drizzle Cake	Cheesecake Crunch	Chocolate Cake

WEEK 4 26th Sept, 31st Oct, 28th Nov, 23rd Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato Pizza with Herby Diced Potatoes Wholemeal pizza bases topped with tomatoes and cheese and served with herby diced potatoes	Chicken Curry with Rice Red Tractor dried chicken and vegetables cooked in a homemade curry sauce and served with rice	Roast Gammon with Parsley Potatoes and Gravy Red Tractor roast gammon slices served with parsley potatoes and gravy	Lasagne with Crusty Bread Organic minced beef and vegetables cooked in a homemade tomato sauce, layered with lasagne sheets and baked with cheese, served with crusty bread	Breaded Salmon Sustainably sourced breaded salmon served with chips
Cheese and Leek Quiche with Herby Diced Potatoes Organic eggs, spring leeks and cheese baked into a homemade pastry crust and served with herby diced potatoes	Vegetable Bolognese with Pasta Lentils and vegetables cooked in a homemade tomato sauce and served with pasta	Shepherd's Pie Lentils and vegetables cooked in a rich gravy and topped with creamy mashed potatoes	BBQ Quorn with Rice Sliced quorn, vegetables and baked beans cooked in a homemade BBQ sauce and served with rice	Veggie Sausage Roll with Chips Quorn sausages wrapped in puffd pastry and served with chips
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham	Packed Lunch Option Tuna/Cheese/Ham
Sweetcorn and Peas	Green Beans and Cauliflower	Carrots and Parsnips	Broccoli and Winter Cabbage	Peas and Baked Beans
Rice Pudding	Gingerbread Cake with Custard	Carrot Cake	Chocolate Mousse	Apple Crumble Muffin



Fresh Seasonal Salad and Bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day. Allergy information available on request.

